

## Master Work & Organizational Psychology Master Work & Health – Option 7 Welcome

Prof. Dr. Petra Klumb Prof. Dr. Jürgen Sauer

1

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#### **Teaching areas**

- Human Factors
- Usability & User Experience
- Research Methods
- Occupational Health Psychology
- Personnel Selection & Development
- Performance Management & Health Outcomes



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# **Cognitive Ergonomics** (15 ECTS)

- Stress at work
- Job design
- Occupational health promotion
- Automation
- Work schedules (WorkOrg)

# Occupational Health ψ (15 ECTS)

#### Regular program

- Research methods in OHP (WorkOrg)
- Personnel selection
- The work-family interface
- Personnel development
- Job design
- Reintegration psychology

#### Classes by visiting scientists/practitioners:

- Negotiation
- Values in contemporary careers
- Stress in daily life & cognitive functioning
- Change management

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#### Practical competences to be gained

- Applying instruments and scientific models of work and organisational psychology to practical questions
- Selecting appropriate research and intervention methods
- Presenting information to different target groups



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### **Future career opportunities**

- Usability and user experience consultant
- Human resources Recruitment
- Human resources Personnel development
- Occupational-health promotion
- Business consultant
- ....



5

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#### **Strong points**

- Wide range of topics within the fields of ergonomics and occupational health psychology
- Some courses given by practitioners and well-known international scholars
- Option of studying abroad for one semester (e.g., Vienna)
- Bilingual graduation possible (German/French)
- Possibility to complete the Master with courses in French and English only (some courses can be taken elsewhere, e.g., in Neuchatel)

#### Option 7:

Combination of I/O with clinical/health psychology

This way, you remain eligible for therapist training



6

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# Cognitive Ergonomics Prof. Jürgen Sauer



- Social stress and social support in human-machine teams
- Design of technology and automation
- Interactive consumer products



7

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## **Team 'Cognitive Ergonomics'**





- Visual inspection
- Automation
- Baggage screening
- Integration of sensory features



Cécile Grand

- User experience
- Chatbot
- Virtual reality





Jürgen Baumgartner

- Usability
- User experience
- Pictorial scales



Prof. Andreas Sonderegger

- Usability
- Accessibility
- User experience
- Algorithmic leadership





#### **Occupational Health Psychology**

- On-demand work mediated by platforms & integration of temporary workers (NRP 77)
- Enactment of organisational justice
- Employee voice & silence
- Effects of conflicts on health and team performance
- Methods: microlongitudinal assessments & experiments



9



### OHP is an applied discipline

- More observational studies than experimental designs
- Interdisciplinar approaches (e.g., with economics, business administration, law, etc.)
- Translation of results into practice, knowledge transfer



#### **OHP Collaborators**



Caroline Gahrmann

- On-demand work
- Diary studies
- Organizational justice

Franziska Kössler

- On-demand work
- Diary studies
- Precarious work

Lea Jost · Stress and cognition

- Diary studies

Bernhard Piskernik Diary studies

Cornelia Rolli Salathé

- Stress & back pain
- Work & children's health

11

#### **Practical considerations**

- Classes: mostly offered in 2-year rhythm
- There are some mandatory classes, this semester, it is Methods of OHP
- Internships
- Master thesis: rhythm: approach us in spring for topics so that you can start in the fall, once you'll have a topic you can join our ...
- Colloquium: MA invited to join sessions with BA students to get handson tips on scientific writing, they present concept & results of their thesis (i.e., 2 presentations). Start typically after a topic was agreed upon.



## Thanks for your attention

■ Questions, comments??

13