



Practical Information 2024

Accommodation

The international relations office can book your accommodation for you if you choose. Nominated students will be able to request their accommodation choice on the summer school platform. There are two accommodation options available.

Prices are for June 13th - July 13th. Additional fees might will be required for extra nights at Studéa Winston residence.

1) Résidence la Marne (7, rue de la Somme, 67000 Strasbourg):

- **A single person studio** (limited number available, 1-room apartment equipped with single bed, corner kitchen and private bathroom with shower): **350€***
- **A shared 2-room apartment** (1 bedroom with two single beds and one shared living area, corner kitchen and private bathroom with shower) for **290€*** per person. You can choose your roommate if you wish, otherwise we will allocate you a roommate. The 2-room apartment mentioned above can also be booked for single occupation (limited number available).

*Prices are based on 2023 tariffs, the 2024 tarif will be confirmed early 2024

Located right behind the school (1-minute walk)

The apartments are equipped with the following

- Bed (s)
- Table
- Mini-stove
- Fridge
- Desk and chair(s)
- Sheets, Pillows, Blankets

Students will need to bring their own towels.

Please note that the **kitchens are not equipped** with pots, pans, plates & cutlery. The team can advise you where these supplies can be purchased cheaply in and around Strasbourg.

Wifi is included.



The cost of the housing is payable by card directly to the residence upon your arrival. It is also possible to pay by international transfer prior to arrival. Please contact us for further details.

2) Résidence Studéa Winston 2:

- **436 €* (per person for a studio)**

Additional services on request:

- The comfort linen kit: 75 €*
- The crockery kit with a deposit of 50 €*.

*Prices are based on 2023 tariffs, the 2024 tarif will be confirmed early 2024

Located next the main campus where most of your classes will take place (7-10 minutes' walk)

Payment must be made prior to arrival by international transfer. Cash or credit card payments on arrival are not possible.

Studios are equipped with a small kitchen and bathroom. **Wifi is included.** Sheets are not included (disposable sheets can be provided for the first nights)



Meals & Local Supermarkets

- Welcome and Farewell dinners organized by EM Strasbourg Business School
 - Breakfasts at the main campus: approximately 5 € x 20 days (100€)
 - Other breakfasts: at your own discretion: maximum 5€ x 8 days (40€)
 - Lunches at the main campus: approximately 5€ x 20 days (100€)
 - Other lunches: at your own discretion 6-10€ x 10 days (100€)
 - Dinners: at your own discretion 5€-20€ x 25 days (mid-range 350€)

Total (high scale) for meals: **≈ 640€**

* These quotes are based on the assumption that students are eating out. Groceries will come out to less, about **≈200€ to ≈300€ for lunch and dinner.**

Special dietary requirements

Here are two non-exhaustive lists of supermarkets where students can find suitable food for special dietary needs.

- **Halal food: Pro Inter**
105 rue de la Plaine des Bouchers
67100 Strasbourg
Monday–Sunday, 8 a.m. to 8 p.m.
- **Kosher food: FB Espace Casher**
2 avenue de la Forêt-Noire
67000 Strasbourg
Monday–Friday, Sunday, 8 a.m. to 9 p.m.
- **African food: Espace Boniface**
28 rue de la course
67000 Strasbourg
- **Asian food: Paris Store**
27 rue du Faubourg de Saverne
67000 Strasbourg
Monday–Saturday, 10 a.m. to 7 p.m.

Organic, vegan, vegetarian and gluten free

- **Naturalia**
37 bld de la Victoire
67000 Strasbourg

3 rue d'Austerlitz
67000 Strasbourg
Monday–Saturday, 9 a.m. to 8 p.m.
- **Biocoop**
6 rue de Sebastopol
67000 Strasbourg
6 rue de la 1^{ère} armée

67000 Strasbourg
Monday–Friday, 10 a.m. to 8 p.m.
Saturday, 10 a.m. to 7 p.m.

General store

- **Auchan Supermarché**

8 rue de Leicester
67000 Strasbourg
Monday–Saturday, 8 a.m. to 8:30 p.m.

Local Transportation

The easiest way to get around Strasbourg is using the public trams and buses. A monthly transportation pass is available. This pass gives you unlimited access to all the buses and tramways in Strasbourg (including the tram that takes you to Kehl in Germany). If you wish to buy a monthly transportation pass, the International Office will help you purchase it on arrival.

2,10 € - contactless ticket (available for trams & buses)

2,50 € - if bought directly on the bus

Transportation (for a monthly bus/tram pass):

19-25 years old: €28 + 5€ card

26-64 years old: €56 + 5€ card

Website of the transportation company for more information concerning fares:

<https://www.cts-strasbourg.eu/en/online-store/fares/tickets/>

We have chosen to overestimate so that students will not find themselves lacking in funds.

Total: from ≈ 650 € (based on the least expensive meal plan + public transportation + least expensive accommodation)

to ≈ 1050 € (based on the most expensive meal plan + public transportation + most expensive accommodation)

Vélohop

Strasbourg is the most bike-friendly city in France and the fourth in Europe. So if you want to get around like a local, rent a bike!

Bikes can be rented from automatic points using [Vélohop app](#)

Without a subscription – 1,20 €/hour or 7 €/day

Access is limited to 48 hours per rental. Beyond 48 hours you will be charged 200€.

*If rented hourly or daily, bikes need to be returned to their original spot or you will be charged an additional 25€

Cost of living comparison

You can compare costs with your home city here: <https://www.numbeo.com/cost-of-living/comparison.jsp>

Checklist

*DON'T PACK TOO MUCH: Strasbourg is a modern city with shopping malls, pharmacies, and grocery stores. Keep in mind the weight limits of airline baggage

*ELECTRONICS: Bring a laptop. The plugs in France may be different from the ones in your country. Use an adaptor or buy new or secondhand appliances.

- Passport
- Spare passport photos, copies of important documents saved in your email
- An alarm clock
- A camera
- Pens and a notepad to take notes during visits
- Clothes suitable for the weather (check the forecast before you arrive)
- An umbrella
- Sunglasses
- Appropriate clothing for the classroom, company visits and European Institutions
- Shoes you are comfortable walking in, but that are professional enough for company visits
- A French dictionary (you can download an app)
- The electrical current used in France is 220v so you might need to buy a converter in order to adapt any appliances you may want to bring with you (adapters can be found in airports). Electrical adapters/power converters (you can buy these at Monoprix at Place Kléber if you forget).

Opening hours in France

In France, a few public services, shops and other services are open without interruption from 8:00 a.m. to 7:00 p.m. Administrative offices usually open from 8:00 a.m. to 5:00 p.m.

Most shops, banks and public services close for one or two hours at lunchtime (between 12:00 p.m. and 2:00 p.m.). **Banks, public services, and most stores are closed on Sundays.**

In France, the 24-hour system is used to tell time. Morning goes from 00h00 (12:00 a.m.) to 12h (12:00 p.m.). Afternoon goes from 13h (1:00 p.m.) to 24h (12:00 a.m.).

Tips before you leave

- Consider booking your weekend trips beforehand (it can be a lot cheaper) but please wait for the final schedule before doing so. This will be available at the end of April.
- Exchange your money to Euros (avoid €500 and €100 bills as it can be almost impossible to use foreign currency in France).
- Notify your bank that you're going overseas (your card may be presumed stolen if it is flagged as being used in another country).
- Check that your bankcard will work overseas – try to get a card with a chip and a PIN code if possible.
- Check the weather... then pack!
- Check Google Maps to familiarise yourself with Strasbourg. If you get lost, it's handy to look for the Cathedral spire!
- Write a checklist of things you want to see – your time here will go super quickly!
- Practice some key French phrases (see the "Comment dit-on" section at the end of the practical information booklet
- Check that your phone will work overseas and the extra charges this will incur. For those coming from the EU you should be able to use your phone without roaming charges. For those coming from outside Europe, you may want to buy a local SIM card while here – check that your phone is unlocked and can take SIMs from other providers. Some companies are Bouygues Telecom, Free and Orange.
- Your student card should be accepted in France and other parts of Europe, but sometimes it isn't. You might want to consider getting an international student card from the Student Travel Agency, which is recognised world-wide. <https://www.isic.org/get-your-card/>

Emergency Numbers

Name	Number
European Emergency Number (not possible to call from a phone without a SIM)	112
Police (Emergency)	17
Medical Emergency	15
Fire Brigade	18
Social Emergency	115
Hautepierre Hospital	03 88 12 80 00
Civic Hospital	03 88 11 67 68
Ecole de Management Strasbourg	03 68 85 80 00
International Office Welcome Desk	03 68 85 67 76
Lucil Begeot direct line*	03 68 85 82 47
Kelly Wonnacott-Elie direct line*	03 68 85 83 61
Kevin Mac Gabhann mobile*	06 40 36 21 81
Information/directory enquiries	118 218
Official time	3699
France Telecom agency	1014

*Can also be used in emergency

*If you are using an international number/phone, add +33 before the numbers and drop the first 0

Do you need a visa to travel to Europe?

If you do, the most suitable type of visa for a short term stay will be the "*court séjour pour étude*" (short-stay Schengen student visa). This type of visa enables you to study in France for up to three months and to travel freely in the Schengen area. Travelling freely in Europe will be a **necessity** as you will also be visiting Germany as a part of the summer school programme. The Schengen student visa is issued free of charge and cannot be renewed. If you require any specific documents for the visa application, we can provide them upon request.

Arrival in Strasbourg

Arriving by air

If you arrive at **Strasbourg-Entzheim** airport, a shuttle train runs to Strasbourg central train station. Please take a look at [this website](#) for more details and to consult the schedule.

If you fly to **Frankfurt**, you have the option of [taking a train to Strasbourg](#) or coming with the Lufthansa Airport Bus. Tickets for the [Lufthansa Airport Bus](#) must be purchased in advance – tickets are *not available* from the bus driver. A ticket for the Lufthansa shuttle bus can be bought either on site, at Frankfurt airport, or [by internet](#) like any normal flight reservation. It is also possible to take a [Flixbus](#) directly from Frankfurt airport to Strasbourg's bus station. This is less expensive than the Lufthansa bus but takes a little longer.

If you fly to **Paris**, you can catch a high-speed train (TGV) to Strasbourg and be in Strasbourg in less than 2 hours. To book your tickets from abroad, you can use [the following website](#) and ask for a ticket from "Aéroport Roissy CDG1" (if you arrive at the International Airport).

If you fly to Amsterdam or Brussels, you have two options when travelling to Strasbourg. You can either take a plane to Strasbourg's International airport (Entzheim) or take a train to Strasbourg's central train station, .

Arriving by train

Strasbourg's central train station or "**gare centrale**" is within walking distance of the city centre and a short tram or bus ride away from the business school and summer school accommodation.

If you arrive in **Paris** by train, you can take a train to Strasbourg central station from "**Paris Gare de l'Est**". Strasbourg also has high speed rail connections with **Stuttgart, Basel** and **Frankfurt**.

Tickets can be booked from the [SNCF website](#) directly.